Waterways of Russia
St. Petersburg • Moscow

Cruising aboard the
Five-Star M.S. Volga Dream
Featuring
Penn Professor Phil Nichols

July 18 to 28, 2015
Dear Penn Alumni and Friends,

Experience the timeless pageantry and traditional folkways of Russia with Penn Professor Phil Nichols as you travel on the lakes and canals that link St. Petersburg with Moscow. Between these two grand cultural capitals lies a countryside seemingly untouched by the modern age. Golden-domed churches rise out of the early morning mist, quaint wooden villages and old-world farms dot the verdant landscape, and the gentle light of summer evenings gives an otherworldly aura to the banks of Russia’s great “blue road” of inland waterways.

Sail aboard the exclusively chartered Five-Star small ship M.S. VOLGA DREAM, the best ship cruising Russia’s waterways and the only low-density passenger vessel to ply these waters. Accommodating only 90 guests in deluxe, river-view Cabins and Staterooms, the M.S. VOLGA DREAM and its highly trained, English-speaking staff ensure you will enjoy an intimate atmosphere, personalized service and highly praised continental cuisine throughout your cruise.

Explore the preeminent artistic, historical and architectural treasures of classical Russian culture, and several “Golden Ring” cities, during an excellent time of year. Visit splendid St. Petersburg—Russia’s “window on the West”—the majestic legacy of that most visionary of czars, Peter the Great. From St. Petersburg, cruise through the heart of Russia, where everyday life unfolds at the measured pace it has kept for generations. Here, villagers still dwell in traditional wooden cottages and preserve the old-world customs of their ancestors, and onion-domed churches and fortified monasteries testify to the abiding faith of the Russian people. Our program concludes with one night aboard ship in the fabled city of Moscow, the political and commercial capital of the world’s largest country and the cultural frontier between East and West.

This unique opportunity features the premier ship in Russia and a thoughtfully crafted, comprehensive itinerary featuring opportunities to visit ten UNESCO World Heritage sites. This popular program is a great value and sells out quickly, so I encourage you to reserve today while Early Booking Savings and space are available.

With warm regards from Penn,

Emilie C. K. LaRosa
Assistant Director
Alumni Education and Alumni Travel
Penn Alumni Relations
PATravel@pobox.upenn.edu

Penn Alumni Travel is proud to offer valuable trips and programs to alumni and friends through a number of partnerships. Any revenue that may be generated from Penn Alumni Travel above our program expenses supports Penn Alumni programming. Visit us at www.alumni.upenn.edu/travel.

For more information about this tour, call Thomas P. Gohagan & Company at (800) 922-3088 and ask for the passenger services coordinator handling the program.

Study Leader

Philip M. Nichols holds the Class of 1940 Bicentennial Term Chair at the University of Pennsylvania and is an Associate Professor of Legal Studies and Business Ethics. Professor Nichols’s research and teaching focus on the profound changes that are occurring in emerging economies. He has conducted fieldwork in numerous countries in Asia, Latin America and the former Soviet Union on topics such as attitudes toward the rule of law, privatization, trust in institutions and interactions with corruption. He has worked with private citizens, business groups and government advisory boards on issues of trust, economic development and developing strategies for controlling corruption, and served as the co-chair of the United Nations expert group on trade facilitation. He has also been a visiting professor at Singapore Management University, the National University of Mongolia, Korea University and the India School of Business. At the University of Pennsylvania Professor Nichols lives with his family in Stouffer College House, where he is the Faculty Master.
U.S.
Day 1
Depart the U.S.
St. Petersburg, Russia
Day 2
Arrive in regal St. Petersburg, Peter the Great's elegant achievement, and transfer to the Five-Star small ship M.S. VOLGA DREAM. The ship remains docked overnight on the great Neva River, which flows majestically through the heart of St. Petersburg, known as the “Venice of the North.”

St. Petersburg
Day 3
Enjoy a specially reserved entrance and tour of the State Hermitage Museum, a UNESCO World Heritage site, the former czarist palace of Catherine the Great and the repository of one of the world’s oldest and most important art collections, rivaled only by the museum’s lavish interior. View the priceless collection of 19th- and 20th-century French Impressionist and Post-Impressionist works as well as 74 masterpieces “lost” in a storeroom during World War II and rediscovered in 1995.

The afternoon is at leisure in St. Petersburg, or you can choose to join the optional excursion to skim over the Gulf of Finland by hydrofoil to Petrodvorets, the grand summer palace and splendid parklands commissioned by Peter the Great to rival Versailles and now a UNESCO World Heritage site. This evening, attend an optional Russian ballet or musical folk show (performance schedule to be determined).

St. Petersburg
Day 4
This morning enjoy time on your own or join the optional excursion to Catherine the Great's imperial compound in Pushkin, Tsarskoye Selo (Czar's Village), a UNESCO World Heritage site. Tour the elaborate rococo palace, built in 1741. See the extraordinary Amber Room: six tons of solid amber, deftly carved and framed in gold leaf, once deemed the “Eighth Wonder of the World.” Stripped and confiscated by the Nazis in 1941, the Amber Room was meticulously reconstructed in 2003 in honor of St. Petersburg’s 300th birthday.

On the afternoon tour, explore the city’s historic center, a UNESCO World Heritage site where legendary landmarks are scattered across more than 100 islands and linked by more than three times as many bridges. St. Petersburg’s main thoroughfare, Nevsky Prospekt, showcases exquisite examples of Russian Baroque and neoclassical architecture. See the ornate Church of Our Savior on Spilled Blood (Church of the Resurrection of Jesus Christ), built on the site of Emperor Alexander II’s assassination; see the iconic golden spire of the Admiralty; and visit 19th-century St. Isaac’s Cathedral’s dazzling interior of malachite and lapis lazuli—the church’s striking golden dome is one of the glories of St. Petersburg’s skyline. Tour the city’s oldest edifice, the Peter and Paul Fortress, built in 1703 to guard the coigntry’s only outlet to the Baltic Sea. The impressive Baroque Cathedral of Saints Peter and Paul contains the tombs of czars from Peter the Great to Nicholas II, the last of the Romanovs.

Enjoy the Captain’s Welcome Reception this evening as the ship departs St. Petersburg.
Neva River/Lake Ladoga/ Mandrogi/Svir River/ Lake Onega
Day 5
Admire the passing wilderness of serene meadows and virgin pine and birch forests lining the banks of the mighty Neva River and the shores of Lake Ladoga, the largest freshwater reservoir in Europe. The ship calls this afternoon at Mandrogi, a small riverside village evoking the peaceful old ways of rural life, where you will have time to explore on your own before continuing along the sparkling Svir River between Lake Ladoga and Lake Onega, dotted with over 1600 small islands.

Kizhi Island/Lake Onega
Day 6
Early this morning, be on deck for the unforgettable approach to picturesque Kizhi Island, a UNESCO World Heritage site. Tour this remarkable open-air museum—a treasure trove of 18th-century Karelian and north Russian wooden architecture. Admire the Church of the Transfiguration, an architectural masterpiece featuring 22 cupolas built completely of wood without a single nail.

Enjoy an afternoon cruise on scenic Lake Onega within sight of the beautifully untouched, pastoral, Karelian countryside, home to many ethnic Finns.

Lake Beloye/Goritsy/ Sheksna River
Day 7
Along the shores of Lake Beloye, see rural communities continuing the traditions of Old Russia. From the tranquil village of Goritsy, visit the Kirillo-Belozersky Monastery, founded in 1397, and see its collection of paintings, early printed books and pictorial embroidery. It is said that Vasily III came here to pray for an heir, and soon after, his wife Elena gave birth to the future Ivan the Terrible, the first Czar of Russia. Farther along the Sheksna River, catch glimpses of a bygone era as you pass rustic family farms and quaint dachas, traditional wooden cottages of Russian people.

This evening, enjoy a dinner of typical Russian specialties followed by a specially arranged sampling of Russian vodkas.

The beautiful 16th-century Goritsy Monastery was founded by a daughter-in-law of Ivan the Terrible, served as a place for politically exiled women of noble birth, and today houses a small community of nuns.
Lake Rybinskoye/Yaroslavl
Day 8
This morning, cruise Lake Rybinskoye, surrounded by scenic wilderness. After lunch, dock in Yaroslavl, the oldest city on the Volga River and one of the “Golden Ring” of fortified 11th- to 15th-century cities and villages built to surround Moscow. This UNESCO World Heritage site, the “Florence of Russia,” is known for its 17th-century stone churches crowned with painted onion domes and soaring turrets.

Prince Dimitri-on-the-Blood, built on the site where Ivan the Terrible’s young son tragically met his demise. Admire its cluster of red turrets capped with shimmering blue onion domes and the elegant frescoes that adorn the interior. Continue to the stately five-domed Cathedral of the Transfiguration, built along the Volga River in 1713.

This afternoon, cruise the great Volga River, the main artery of the Russian heartland for over a millennium, and into the Moscow Canal, which gives Moscow access to the White, Baltic, Caspian, Azov and Black Seas.

Attend the Captain’s Farewell Reception this evening.

Moscow
Day 10
Arrive in Russia’s great capital located on the Moscow River which flows leisurely through the city, and that has embodied the heart and soul of the country for over 850 years.

Explore Moscow’s cultural and historical treasures beginning with a visit to the Kremlin, a UNESCO World Heritage site, and the imposing halls of this fabled “Citadel of the Czars.” Tour the Armoury, the oldest museum in Russia, and see the authentic State treasures including magnificently bejewed Fabergé eggs commissioned by the Romanov czars.

See magisterial Red Square, a UNESCO World Heritage site where both Romanov czars and Soviet commissars have flexed their might and power, and admire the multicolored grandeur of the 16th-century St. Basil’s Cathedral, one of the country’s most beautiful Orthodox monuments.

Moscow/U.S.
Day 11
Disembark the ship and continue on the Moscow Post-Cruise Option, or transfer to the airport for your flight to the U.S.
St. Petersburg Pre-Cruise Option
In St. Petersburg, known for its romantic waterways and architectural treasures, cruise the rivers and canals for a unique perspective on this splendid city. Admire the fabulous collection in the Fabergé Museum, and visit Yusupov Palace, a UNESCO World Heritage site and the infamous setting for Rasputin’s assassination. In Pavlovsk, tour the 18th-century Great Palace, built for Catherine the Great’s son, Paul. Accommodations for two nights are in the centrally located deluxe ANGLETERRE HOTEL.

Moscow Post-Cruise Option
Further explore the jewels of Russia with a visit to the magnificent State Tretyakov Gallery, and tour the fascinating Bunker 42 on Taganka Cold War Museum, a former secret military complex. See major historic sites during a city tour, including the Bolshoi Theatre, the UNESCO-designated Novodevichy Convent and the Cathedral of Christ the Redeemer. Spend two nights in the Five-Star MARRIOTT ROYAL AURORA HOTEL, ideally located in the city center.

Pre- and Post-Cruise Options and optional excursions are available at additional cost. Details will be provided with your reservation confirmation.

St. Petersburg Pre-Cruise Option
Moscow Post-Cruise Option

Moscow’s iconic Red Square was once a 15th-century marketplace.
St. Petersburg’s Cathedral of Saints Peter and Paul was the city’s first building to be commissioned by Peter the Great in 1703.

Included Features

Educational program led by expert lecturers.

On board the chartered, Five-Star small ship **M.S. VOLGA DREAM**

- Nine-night cruise on Russia’s legendary waterways—the Neva River, Lake Ladoga, the Svir River, Lake Onega, Lake Beloye, the Sheksna River, Lake Rybinskoye and the Volga River.
- Two nights in St. Petersburg and one night in Moscow aboard ship and port calls at Mandrogi, Kizhi Island, Goritsy, Yaroslavl, Uglich and Moscow.
- Five-Star air-conditioned, river-view accommodations, each with a private bathroom.
- All meals—breakfast, lunch, afternoon tea and dinner (featuring Russian specialties).
- Complimentary house wine and soft drinks are included with lunch and dinner.
- Coffee and tea are available 24 hours a day.
- Captain’s Welcome and Farewell Receptions.
- Specially arranged vodka sampling.
- Specially reserved entrance and guided tour of the **State Hermitage Museum**, a UNESCO World Heritage site.
- City tour of St. Petersburg, a UNESCO World Heritage site, featuring visits to the 18th-century Peter and Paul Fortress and St. Isaac’s Cathedral.
- Walking tour of Kizhi Island, a UNESCO World Heritage site.
- Visit to the 14th-century **Kirillo-Belozersky Monastery** near Goritsy.
- City tour of medieval Yaroslavl, a UNESCO World Heritage site.
- Walking tour of Uglich, including the Church of Prince Dimitri-on-the-Blood.
- Visit to Moscow’s imposing **Kremlin**, a UNESCO World Heritage site, and the **Armoury Museum’s** czarist treasures, featuring the world’s largest collection of Imperial Fabergé eggs.
- Tour of Moscow, highlighted by the UNESCO World Heritage sites of Red Square and St. Basil’s Cathedral.

Enhanced Travel Services

- Transfers and luggage handling abroad for participants whose arrival(s)/departure(s) coincide with the scheduled group transfer(s).
- All excursions and visits, as outlined above, with experienced local guides.
- Gratuities to local guides and drivers on included excursions.
- Petrodvorets and Pushkin optional excursions and optional cultural performance available at additional cost.
- Hospitality desk aboard ship.
- The services of experienced Gohagan & Company Travel Directors throughout the program.
- Complimentary state-of-the-art audio headset for each participant during guided excursions.
- Travel document wallet, name badge and pre-departure information.
- Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.

St. Petersburg’s Cathedral of Saints Peter and Paul was the city’s first building to be commissioned by Peter the Great in 1703.
Russia’s Cultural Capitals

Among the world’s prodigious capitals of culture, no two cities are held in higher regard than St. Petersburg and Moscow. St. Petersburg will capture your imagination; Moscow will stir your soul.

The very creation of St. Petersburg was a cultural statement by Peter the Great, whose vision was to “open a window on the West” to rival Europe’s greatest cities. This epicenter of art and architecture is highlighted during a specially reserved entrance and tour of the State Hermitage Museum, a UNESCO World Heritage site, allowing you to view the incomparable treasures of Catherine the Great’s spectacular art collections. True to Peter the Great’s vision, St. Petersburg, the artistic, literary and musical center of Russia, has engendered universally revered ballets, novels and classical compositions.

An important trading hub long before Ivan the Terrible declared it Russia’s capital in 1547, Moscow is a medieval city in its layout and original architecture. Today this sophisticated city is a showcase of four UNESCO World Heritage sites and continues to be the pulse of Russian finance, commerce, education and research. Here, you will visit the mesmerizing Kremlin Museums complex, including the famous Armoury Chamber, golden-domed churches and historic government buildings, and experience firsthand one of the most dynamic cities in the world.

Marvel at the grandiose design, gilding and decor inside St. Petersburg’s renowned State Hermitage Museum.
**LAND/Cruise Tariff** (per person, based on double occupancy)

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<th>Category *</th>
<th>Description</th>
<th>Early Booking Price through December 17, 2014</th>
<th>Regular Price after December 17, 2014</th>
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<tr>
<td>7</td>
<td>Cabin with two twin beds and one or two portholes. Cabin Deck.</td>
<td><strong>$4995</strong></td>
<td><strong>$5995</strong></td>
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<td>6</td>
<td>Cabin with two twin beds and two windows. Main Deck, aft. (Limited availability)</td>
<td><strong>$5295</strong></td>
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<td>5</td>
<td>Cabin with two twin beds and two windows. Main Deck, midship.</td>
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<td><strong>$6795</strong></td>
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<td>4</td>
<td>Cabin with one queen bed and two windows. Promenade Deck, aft.</td>
<td><strong>$6295</strong></td>
<td><strong>$7295</strong></td>
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<td>3</td>
<td>Stateroom with one queen bed or one double bed and one or two windows. Promenade Deck, midship and forward.</td>
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<td>2</td>
<td>Stateroom with one queen bed and two windows. Promenade Deck, midship.</td>
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<td>1</td>
<td>Stateroom with two twin beds and one or two windows. Sun Deck.</td>
<td><strong>$7095</strong></td>
<td><strong>$8095</strong></td>
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<td>Junior Suite</td>
<td>Larger Stateroom with one queen bed, two windows, sofa, chair and desk. Sun and Promenade Decks.</td>
<td><strong>$7595</strong></td>
<td><strong>$8595</strong></td>
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* Owner’s Suite available on request at additional cost to be advised.
* Singles are available in category 5 at $9795 and in category 4 at $10495 on or before December 17, 2014. Add $1000 for reservations made after December 17, 2014.
* Taxes are an additional $150 per person and are subject to change. Visa fees are at additional cost to be advised.

**WATERWAYS OF RUSSIA RESERVATION FORM**

Send to: Thomas P. Gohagan & Company
209 South LaSalle Street, Suite 500
Chicago, Illinois 60604-1446
(312) 609-1140 / Fax (312) 609-1141

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Program reservations require a deposit of $800 per person and $200 per person. St. Petersburg Pre-Cruise Option and/or $200 per person Moscow Post-Cruise Option. By reserving and depositing on this program, I/we agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

- Enclosed is my/our check(s) for $__________ as deposit.
- Please make my/our reservation(s) in Category:
  1st Choice [ ] Double occupancy (two twin beds).  
  2nd Choice [ ] Double occupancy (one queen or double bed).  
  [ ] Single accommodations.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).
- I/We want you to book my/our air from (fill in departure city) St. Petersburg, Russia, with return from Moscow, Russia, at additional cost to be advised.  
- Class: [ ] Economy [ ] Business [ ] First

Please make my/our reservation(s):

- St. Petersburg Pre-Cruise Option [ ] Double at $850 per person.
- Single at $1130 per person.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).
- Moscow Post-Cruise Option [ ] Double at $860 per person.
- Single at $1260 per person.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).
- I/We want you to book my/our air from (fill in departure city) St. Petersburg, Russia, with return from Moscow, Russia, at additional cost to be advised.

- Visa
- MasterCard

Please make my/our reservation(s):

- I/We authorize you to charge my/our deposit of $__________ to: [ ]

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Signature as it appears on credit card

All FINAL PAYMENTS are required to be made by check or wire transfer by April 14, 2015.
The document contains information about travel policies, reservations, and insurance. It includes details about airfare, luggage allowances, and cancellation fees. There is also a disclaimer covering liability, assume of risk, and binding arbitration. The text is structured in paragraphs, and there are sections dedicated to specific topics such as airfare, luggage, and insurance. The document is written in a clear and concise manner, with bullet points used to highlight important information. The text is well-organized, making it easy to read and understand.