

**Anne L. Maitland, M'97 GR'98**, has been named one of New York Times Super Doctors since 2011 and one of America's Top 21 Women's Doctors by Lifescript.com in 2009.

Dr. Maitland is:

- A Fellow of the American College of Allergy, Asthma and Immunology;
- A member of the American Academy of Allergy, Asthma and Immunology, where she has served as the chair on committees of the underserved and Mast Cell Diseases
- The current Chair of the Allergy/Immunology section for the National Medical Association; and
- A member on the physicians' ministry, Grace Baptist Church, one of largest black churches in Westchester, NY, which promoting health literacy in communities of color

Dr. Maitland has authored several chapters in books addressing the needs of children and adults who describe themselves as hiding in plain sight of most health care practitioners, **patients with undiagnosed connective tissue disease and co-morbid immune disorders**: National Academy of Sciences, Engineering and Medicine- Heritable Disorders of Connective Tissue; Transforming Ehlers Danlos Syndrome; Disjointed: Navigating the Diagnosis and Management of Hypermobility Ehlers-Danlos Syndrome and Hypermobility Spectrum Disorders; and Symptomatic: The Symptom-Based Handbook for Ehlers-Danlos Syndromes and Hypermobility Spectrum Disorders.

Dr. Maitland was the first student of color to complete the combined MD, PhD program at the University of Pennsylvania School of Medicine. Upon graduation, she received the Helen O. Dickens, MD Graduation Award, which honors a student who has conscientiously endeavored to increase sensitivity and respect for minority groups, in addition to demonstrating outstanding academic performance and leadership as well as Sealy-Mudd Microbiology Research Award.

Encouraged by Dean Gail Morrison, she traveled north and completed Internal Medicine residency at the Brigham and Women's Hospital in Boston, MA. There, Dr. Maitland received the Daniel R. Federman Harvard Medical School Teaching Award Fellowship.

She then fast tracked into the Allergy & Immunology fellowship program at the Brigham and Women's Hospital and completed training at the Mount Sinai Hospital in New York. Dr. Maitland is an Assistant Professor, Department of Medicine, Division of Allergy & Clinical Immunology at the Icahn School of Medicine at Mount Sinai. She also serves as the Director, Allergy & Immunology Services at a newly formed clinic in Salt Lake City, the Metrodora Institute. Named after a Greek physician, of Egyptian origin, Metrodora has often been

referred to as the “Mother of Gynecology.” Dr. Maitland has become a super-commuter, maintaining a medical practice in NY, called Clinical Paradigms, and traveling to Salt Lake City. There, she is helping build a multi-discipline clinic that addresses the unmet needs of patients with complex diseases, including inherited and acquired disorders of connective tissue, that frequently travels with neuro-immune dysregulation, such as POTS, ME/CFS and Long CoVID. Not surprisingly, the majority of patients are girls and women traveling to Salt Lake City, who have been suffering for years, underdiagnosed and undertreated.