



PennAlumni
travel

IN THE FOOTSTEPS OF ST. JAMES

EL CAMINO DE SANTIAGO

JUNE 3 TO 15, 2016

FEATURING PENN PROFESSOR THOMAS MAX SAFLEY





Dear Penn Alumni and Friends:

For more than a millennium, pilgrims have walked the Camino de Santiago, the “Way of Saint James,” to the shrine of the Apostle at Santiago de Compostela in northwestern Spain. To this very day the pilgrims’ motives have been as varied as their personalities: religious devotion, wanderlust, flight from the law, the spirit of adventure, cultural tourism.

Join Thomas Max Safley, Professor of Early Modern European History, from June 3 to 15, 2016, on a series of selective hikes along this most famous of Europe’s walking trails. Highlights on the journey include lunch at Bodegas Baigorri, where Rioja Alavesa is produced; a visit to the Gothic abbey of La Cartuja de Miraflores; and hear a Gregorian chant performed by the world-famous monks of Santo Domingo de Silos.

En route to Santiago de Compostela, Penn pilgrims will savor local cuisine, sample regional vintages, and stay in deluxe hotels. Most days will offer the opportunity to walk a section of the legendary Camino.

We consider this program to be an “active” program as it requires engaged participants to stand and walk for long periods over dirt roads, inclines, gravel paths, and sand. Eight days of the program will include extended walking segments. The average distance covered is 3.5 miles per day, with one day’s mileage being just under 5.5 miles. Penn Alumni Travel suggests that participants consult their physicians and undertake a pre-trip training regimen if they are not already accustomed to daily extended walking.

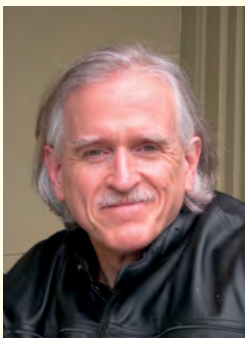
This educational adventure is sure to be popular and group size is limited to preserve the intimate nature of the program. Make your reservations today to ensure you don’t miss this memorable trip.

With warm regards from Penn,

A handwritten signature in red ink that reads "Emilie LaRosa".

Emilie C. K. LaRosa
Assistant Director
Alumni Education and Alumni Travel

TRAVELING WITH YOU



Thomas Max Safley is Professor of Early Modern European History. He received his Ph.D. in 1980 from the University of Wisconsin. A specialist in the economic and social history of early modern Europe, he has published extensively on the history of marriage and the family, of poverty and charity, and of labor and

business. His current research involves European merchants, many of whom had extensive commercial and cultural contacts with the Ottoman Empire, which necessitated travel to and from its territories. Professor Safley regularly teaches the introductory survey of European history and advanced lecture courses on the Reformation, the Baroque, pre-industrial economic history, and the early modern period.



IN THE FOOTSTEPS OF ST. JAMES

EL CAMINO DE SANTIAGO

JUNE 3 TO 15, 2016



Photo by aherrero

Puente La Reina

NEW YORK

Friday, June 3 Depart the United States on an overnight flight to Pamplona via Madrid.

PAMPLONA, SPAIN

Saturday, June 4 Arrive in Pamplona in the late afternoon. Transfer to the Hotel Maisonnave, centrally located near Castillo Square. This evening meet fellow travelers and faculty host Thomas Max Safley for an aperitif followed by dinner.

PAMPLONA

Sunday, June 5 Attend a morning lecture before a walking tour of Pamplona's Old Quarter. After lunch, drive to Roncesvalles, one of the main entrances to Spain for the St. James Way. Each traveler will receive a *credencial* (pilgrim passport) to mark their route. Our first walk on the trail is from Albergue to Espinal across the fertile plains of the Río Ebro. Return to Pamplona, where the remainder of the day is at leisure. *Approximate walking distance: 4 miles.*

PAMPLONA | LAGUARDIA, SPAIN

Monday, June 6 Travel by coach to the Romanesque Church of Santa María de Eunáte, one of the jewels of the Camino. From there, walk a short distance on the Camino to Puente La Reina, a medieval town where the two main pilgrim routes converge. There will be time to explore the town and enjoy lunch on your own. Then drive to Estella to see the Palace

of the Kings of Navarre and San Pedro de la Rúa with its beautiful 12th-century cloister. Continue to Laguardia, the historic capital of the famous Rioja Alavesa wine region, and check in to the Hotel Villa de Laguardia. Dinner is at a local restaurant, featuring regional cuisine and wines. *Approximate walking distance: 2.75 miles.*

LAGUARDIA

Tuesday, June 7 Following a morning lecture, drive to the lively university city of Logroño to see its lovely Old Quarter and the cathedral that boasts a painting by Michelangelo. Lunch is at Bodegas Baigorri, where Rioja Alavesa is produced. Return to the hotel where the remainder of the day is at leisure.



Bodegas Baigorri

Photo by Ute Keyes



Photo © Ana Tramont

Detail of the carved altar, Cartuja de Miraflores, Burgos

LAGUARDIA | BURGOS, SPAIN

Wednesday, June 8 Depart for Nájera, the former capital of the Kingdom of Navarre. Visits include the Monasterio Santa María de la Real, the burial place of many of the kings, queens, and knights of Navarre. Continue on the Camino to Azofra, then drive to Santo Domingo de la Calzada for lunch and a visit to the cathedral and Pilgrims' Hospital, declared a National Historic Interest Site. In Burgos, visit the magnificent Gothic abbey of La Cartuja de Miraflores. Check in at Hotel Fárnan González, our home for the next two nights. Dinner is at leisure. **Approximate walking distance: 3.6 miles.**

BURGOS

Thursday, June 9 This morning discover sumptuous Burgos Cathedral, the largest church in Spain and a UNESCO World Heritage Site. View its richly decorated chapels and the cloister. Then drive to the monastery of Santo Domingo de Silos, a masterpiece of Romanesque architecture, and experience a Gregorian chant performed by the world-famous monks of Silos. After a picnic lunch, walk along a delightful Camino path through an oak and pine forest leading to the peaceful valley of the Río Vena. Return to Burgos for an evening at leisure. **Approximate walking distance: 3.8 miles.**

BURGOS | LEON, SPAIN

Friday, June 10 Drive to the village of Calzado de Coto to begin a morning hike along this stretch of the Camino to Calzadilla de los Hermanillos. After a *tapas* buffet lunch at a popular pilgrim restaurant, continue to León. Check in to the centrally located Hotel NH Collection Plaza Mayor. The afternoon is at leisure before we conclude the evening with dinner. **Approximate walking distance: 5.4 miles.**

LEON

Saturday, June 11 Today, follow the Camino within the walls of León to see the soaring 13th-century cathedral and the Basilica of San Isidoro, the most important Romanesque church of the Iberian Peninsula. Finish the walking tour with Antoni Gaudí's architectural masterpiece, the neo-Gothic palace Casa de Botines. Lunch is at a famous local restaurant. The remainder of the day is at leisure. **Approximate walking distance: 1.3 miles.**



Photo © V. Bautea

Casa de los Botines, León

LEON | VILLAFRANCA DEL BIERZO, SPAIN

Sunday, June 12 A morning journey on the Camino ventures into the glorious open countryside of the *páramo* with its rich red earth. Then drive to Astorga, where a fascinating legacy grew out of its strategic location at the crossroads of several major pilgrimage routes. Admire Gaudí's Bishop's Palace before lunch. Continue to Ponferrada and see the Castillo de los Templarios, the magnificent 12th-century Templar castle. Stroll on the Camino as it winds past other sights within the medieval section of town. Dinner and overnight are at the Parador of Villafranca del Bierzo. **Approximate walking distance: 4.2 miles.**

SANTIAGO DE COMPOSTELA

Tuesday, June 14 A morning walking tour includes the highlights of this historic town, a UNESCO World Heritage Site. Complete the pilgrim experience at noon mass, where the famous *Botafumeiro* (incense burning) ritual will be performed specifically for our group. Lunch and the afternoon are at leisure. Gather tonight for our farewell dinner.

SANTIAGO DE COMPOSTELA | NEW YORK

Wednesday, June 15 Depart for the airport and flights home, via Madrid. ■



Photo © O. Hlitch

Botafumeiro ceremony at the Cathedral of Santiago de Compostela

VILAFRANCA DEL BIERZO | SANTIAGO DE COMPOSTELA, SPAIN

Monday, June 13 View the historic sights of Villafranca del Bierzo before driving to Monte Do Gozo for lunch. The spires of the Cathedral of Santiago de Compostela will be visible as we join other pilgrims to walk the last few miles of the Camino. Check in at Hotel Compostela in the historic part of town. An optional evening excursion is arranged to “the end of the Earth” at Cape Finisterre, once thought to be the westernmost point on the Iberian Peninsula. Enjoy the sunset from the Cape with a glass of Cava. *Approximate walking distance: 2.9 miles.*

PROGRAM RATE \$5,695
(per person, double occupancy)
SINGLE SUPPLEMENT \$625

RATE INCLUDES

- ◆ Eleven nights hotel accommodations as per itinerary
- ◆ Breakfast daily, eight lunches, and five dinners with wine / beer. Bottled water and coffee / tea
- ◆ Airport / hotel group transfers and portage
- ◆ Enrichment program of lectures and special events
- ◆ Escorted sightseeing by motorcoach and entrance fees for visits
- ◆ Taxes and services; and gratuities to guides and drivers

NOT INCLUDED IN RATE Airfare; passport fees; alcoholic beverages other than wine / beer at dinners; personal items and expenses; airport transfers for those not on group flights; baggage in excess of one suitcase; trip insurance; any other items not specifically mentioned as included.

Group size is very limited so as to preserve the intimate nature of the program.

UPENN ALUMNI TRAVEL | RESERVATION APPLICATION

THE WAY OF ST. JAMES: EL CAMINO DE SANTIAGO | JUNE 3 TO 15, 2016

To reserve a place, please complete and return this form with your deposit of \$1,500 per person (of which \$350 is non-refundable for administrative fees) payable to *Academic Arrangements Abroad*. Mail to: 1040 Avenue of the Americas, 23rd floor, New York, NY 10018-3721.

NAME IN FULL AS ON PASSPORT _____

NAME IN FULL AS ON PASSPORT _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE (HOME) _____ (BUSINESS) _____

FAX _____ E-MAIL _____

Accommodations

I wish to share a room with _____

Double Twin Single (with a supplement of \$625)

Form of Payment

Enclosed is my check (payable to *Academic Arrangements Abroad*)

Credit card deposit of \$1,500 per person. Final payment must be made by check or wire transfer.

NAME AS ON CREDIT CARD _____

CREDIT CARD NUMBER _____

3- OR 4-DIGIT SECURITY CODE _____

EXPIRATION DATE _____

Each participant must sign below. I/We confirm that I/we have carefully read and agree to the *Terms & Conditions* of this program. I/We agree to full payment by check or wire transfer 120 days prior to departure.

SIGNATURE REQUIRED _____

DATE _____

SIGNATURE REQUIRED _____

DATE _____

For more information, please contact Academic Arrangements Abroad

Telephone: 212.514.8921 or 800.221.1944 | Fax: 212.344.7493 | E-mail: trips@arrangementsabroad.com

TERMS & CONDITIONS



Altar (detail), Burgos Cathedral

AIRFARE Academic Arrangements Abroad (AAA) will be pleased to assist with air travel arrangements for this program, including specially negotiated group airfare when available, suggested group flights or your own individual requests for a processing fee of \$40 per person. Complete details will be provided in your confirmation mailing.

PAYMENT SCHEDULE \$1,500 per person, payable to *Academic Arrangements Abroad*, of which \$350 is non-refundable for administrative fees, is required with the reservation application. Balance due by check or wire transfer 120 days prior to departure.

HEALTH This is an active program and all participants must be in good health. This program involves extensive walking over uneven surfaces, climbing stairs without handrails at locations that are not handicapped accessible. Any condition that may require assistance or special medical attention must be reported at the time of your reservation.

INSURANCE TRIP CANCELLATION / EMERGENCY MEDICAL EVACUATION / BAGGAGE / ACCIDENT AND SICKNESS INSURANCE PROTECTION IS STRONGLY RECOMMENDED. CANCELLATION PENALTIES ARE STRICTLY ENFORCED. Penn Alumni Travel (PAT) will send an insurance application upon receipt of reservation, although you may select any insurer of your choice.

CHANGES IN ITINERARY & COSTS The itinerary is subject to change at the discretion of PAT and AAA. All prices quoted are based on prevailing fuel prices, airfares and currency exchange rates in effect at time of brochure printing and are subject to change without notice. **Deviations from the scheduled itinerary are not permitted.**

RESPONSIBILITY CLAUSE The participation of PAT is limited to educational sponsorship of the program described in this brochure (The Program). AAA acts only as an agent for the participant with respect to transportation, accommodations and all other services, relating to The Program. AAA, PAT and/or their agents assume no responsibility or liability for any act, error or omission, or for any injury, loss, accident, delay or irregularity that may be occasioned by reason of any defect in any aircraft, ship, train, bus or other carrier, or through neglect or default of any subcontractor or other third party, which may be used wholly or in part in the performance of their duty to the participants of The Program. The passage ticket issued by the carrier is the sole contract between the participant and the carrier. Nor will AAA or PAT and/or their agents be responsible for loss, injury, damages or expenses to persons or property, due to illness, weather, strikes, local laws, hostilities, wars, terrorist acts, acts of nature or other such causes in connection with The Program or anything beyond their reasonable control. AAA is not responsible for transportation or other program delays and changes, nor additional expenses or loss of time that may be incurred. In the event it becomes necessary or advisable for the comfort or well-being of the participants, or for any reason whatsoever, to alter the itinerary at any time, without notice to the participants, such alterations will be made without penalty to AAA or PAT. Additional expenses, if any, shall be borne by the participants. Baggage and personal effects are the sole responsibility of the participant at all times. AAA and PAT reserve the right to accept or decline any person as a participant at any time, or to require any participant to withdraw from The Program at their own expense when such an action is determined by AAA or PAT to be in the best interest of the participant's health and safety, or the general welfare of the other participants.

CANCELLATION POLICY AAA must strictly adhere to its cancellation policy to offset costs incurred prior to the commencement of The Program, which may include but are not limited to: advance payments to land operators; communication expenses; development and the loss of time that might have permitted resale of reserved space. All cancellations must be made in writing to the offices of AAA and are subject to a \$500 non-refundable administrative fee. All refunds are limited to amounts actually received by AAA and are the sole responsibility of AAA; PAT shall have no liability for refunds. At the time AAA receives written notification of cancellation, the following cancellation charges will apply: cancellations received between 120 and 91 days prior to departure, 20 percent of the program cost per person; those received between 90 and 61 days before departure, 50 percent of the program cost per person; no refunds will be given for cancellations received within 60 days of departure. No refunds are given for cancellation on or after the day of departure, or for unused portions of the tour, for any reason. Air cancellation charges, if any, will be assessed in accordance with airline regulations. All group fare tickets must be issued no less than 30 days prior to departure. NOTE: Neither AAA nor PAT shall be liable for any airline cancellation penalties incurred by the purchase of a non-refundable ticket. In the case of a cancellation due to shortage of participants, AAA will attempt to notify all participants at least 45 days prior to departure. However, AAA reserves the right to cancel The Program prior to departure for any reason and, in such case, reimbursement of refundable costs of the trip by AAA shall constitute full settlement with the participant. In the unlikely event that a dispute arises between a participant and AAA or PAT, the following conditions will apply: (a) the dispute will be settled by binding arbitration administered by the American Arbitration Association in New York, NY; (b) the dispute will be governed by New York Law; (c) the maximum amount of recovery to which a participant shall be entitled under any and all circumstances will be the sum of all monies actually received from the participant by AAA. The participant agrees that this is a fair and reasonable limitation on the damages, of any sort whatsoever, that a participant may suffer. Upon payment of the deposit to AAA, the participant agrees to be bound by the above terms and conditions.

Penn Alumni Travel is proud to offer valuable trips and programs to alumni and friends through a number of partnerships. Any revenue that may be generated from Penn Alumni Travel above our program expenses supports Penn Alumni programming.



Academic Arrangements Abroad

Front cover: Santiago de Compostela Cathedral. Back cover: Shell marker on the Camino, photo © luna marina (top) and the landscape of Rioja Alavesa. Photo by Javier Larvera (bottom).